



Well-Being and Healthy Communities Initiatives

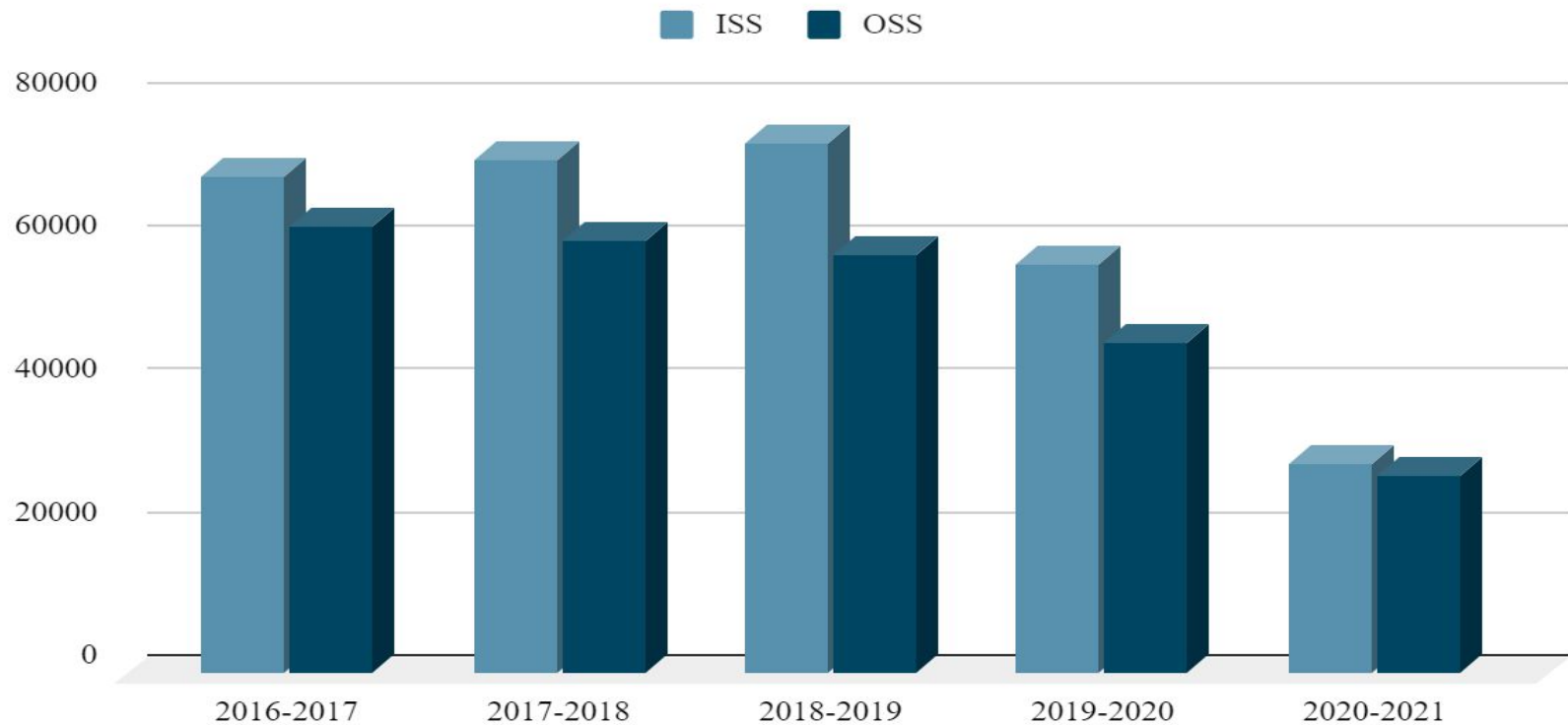
Career and College Readiness

“In the past jobs were about muscle, now they’re about brain, in the future they will be about the heart”

Minouche Shafik

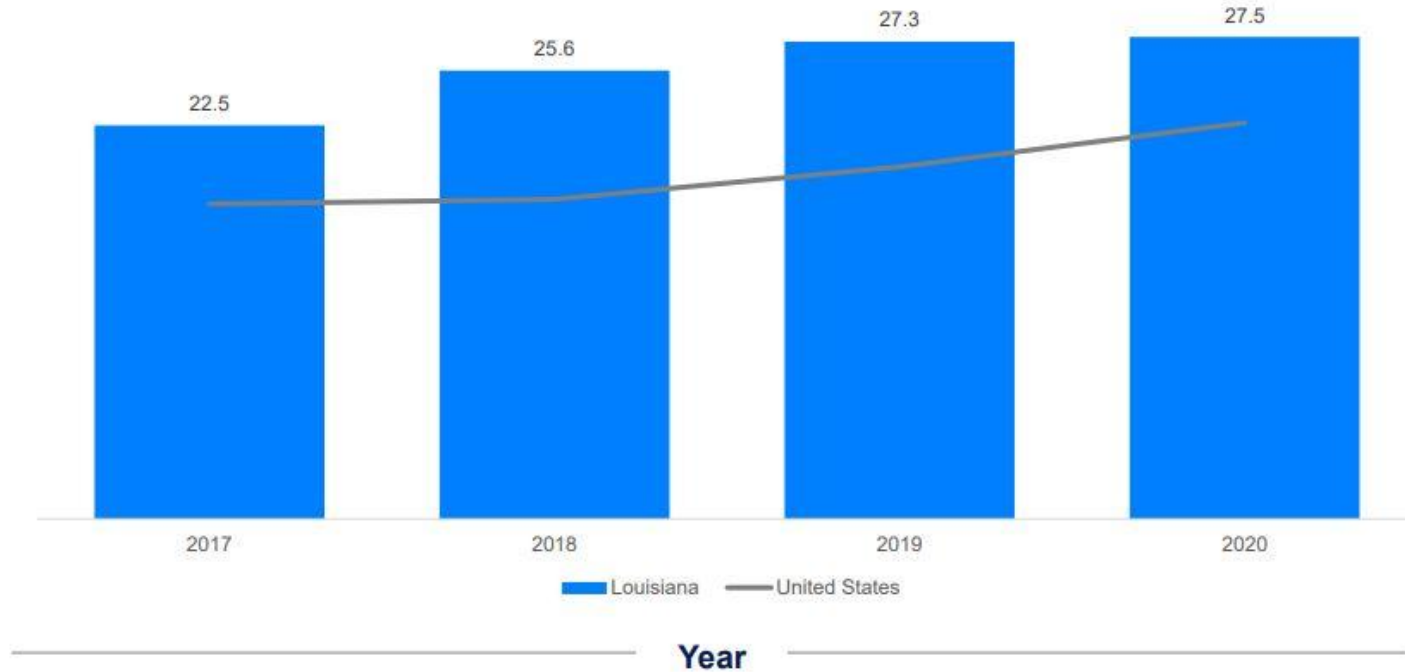


5 Year Trend Louisiana Discipline Rates



Children experiencing at least one mental, emotional, developmental, or behavioral challenge¹ (3-17 years)

% of children in Louisiana



What Has The Pandemic Taught Us?

Self-Care Matters

Resilience Matters

Relationships Matter

Our Students Need Us More

Change Happens

Developing Emotional Literacy

“Leaders must either invest a reasonable amount of time attending to fears and feelings, or squander an unreasonable amount of time trying to manage ineffective and unproductive behavior”

“It’s the foundation of resilience, empathy, compassion, and self-awareness”

Brene’ Brown

Committed to the Comeback



The Louisiana Comeback asks school systems to collectively commit their time, energy, and financial resources toward areas that rapidly increase student achievement.

Attendance & Well-Being

Placing a priority on getting students excited about school and creating an atmosphere of caring around their personal lives.

Recovery & Acceleration

Focusing on initiatives that make up for lost time and make more room for students to excel.

Professional Learning

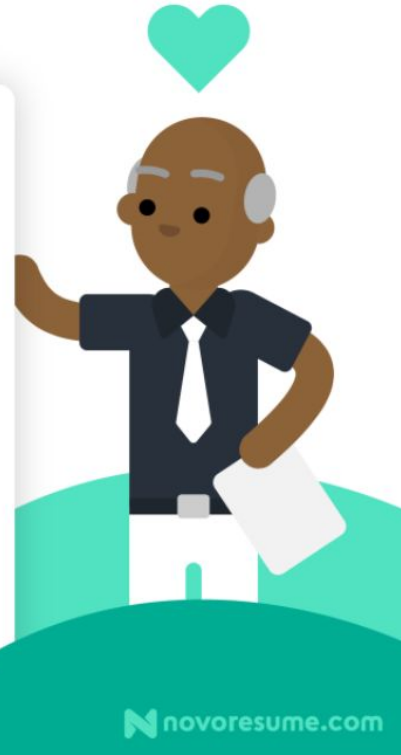
Making sure that teachers are given time and space to grow as educators, leaders and role models.


[LEARN MORE](#)



Top 10 **Soft Skills** Employers Love (For Any Profession)

1. Time management
2. Communication
3. Adaptability
4. Problem-solving
5. Teamwork
6. Creativity
7. Leadership
8. Interpersonal skills
9. Work ethic
10. Attention to detail



 novoresume.com

Louisiana's Goals and Priorities

SIX CRITICAL GOALS

Students enter kindergarten ready.

Students will achieve mastery on third-grade assessments and enter fourth grade prepared for grade-level content.

Students will achieve mastery on eighth-grade assessments and enter ninth grade prepared for grade-level content.

Students will graduate on time.

Students will graduate with a college and/or career credential.

Students will graduate eligible for a TOPS award.

EDUCATIONAL PRIORITIES

Ensure every student is on track to a professional career, college degree, or service.

Remove barriers and create equitable, inclusive learning experiences for all children.

Provide the highest quality teaching and learning environment.

Develop and retain a diverse, highly effective educator workforce.

Cultivate high-impact systems, structures, and partnerships

WELL-BEING

A framework has been developed to support school systems in developing competencies related to well-being. The framework has resources school systems can utilize to promote wellness activities. Each month a community of practice call is held surrounding these topics. The goal is to build personnel capacity, prioritize relationships, attend to individual student needs, and improve student academic engagement leading to student readiness for success.



**BUILD PERSONNEL
CAPACITY TO SUPPORT
ALL STUDENTS**



**PRIORITIZE POSITIVE,
INTENTIONAL
RELATIONSHIPS**



**ATTEND TO INDIVIDUAL
STUDENTS' NEEDS BY
RESPONDING WITH
APPROPRIATE SUPPORTS**



**ENSURE EVERY STUDENT
HAS THE LIFE SKILLS
FOR POST SECONDARY
SUCCESS**



Healthy Communities

[District Well-Being Advisory Council](#)

[CDC Your Guide to Using the School Health Index](#)

[Alliance for Healthier Generation](#)

Please contact stephen.guccione@la.gov
with questions.



Pillar I

Building Personnel Capacity to Support All Students

The social, emotional, and physical health of teachers is a shared responsibility and a critical component of student learning and overall community well-being which will result in building

- supportive relationships with colleagues and students,
- belief that one has the ability to teach effectively,
- confidence that personal and professional needs and expectations are met.

contact rachel.bunch@la.gov with questions

S. Mohon, Jefferson County School District, Alabama

“Mental health services and support need to become as common in schools as libraries and school lunches,”

Scott Mohon, Jefferson County School District, Alabama

Ochsner Telehealth Services



Virtual Therapy for Educators



[LDOE and Ochsner](#) has partnered to offer **FREE** confidential virtual Telehealth visits by licensed psychologist/therapist to all Louisiana Educators or staff involved with Children Birth - Grade 12.

- Anxiety and Panic Attacks
- Depression and Mood Disorders
- Grief and Loss Counseling
- Work-related Stress, etc.

Virtual Telehealth appointments are available Monday – Friday until 8 p.m., with additional appointment times on Saturdays.

Visit ldoe.ochsneranywhere.com to sign up.

We have developed an [FAQ](#) document if you have question.

Please contact rachel.bunch@la.gov with questions.

How To Begin To Grow and Support Educator Well-Being In Your District



Grow

Seek Feedback, Gain Insight

Support

Equal Treatment, School Culture, Relationship Building, Professional Learning, Teacher Voice, Employee Assistance Plans, Local Resources

Guidance for Adverse Childhood Experiences Training

BESE policy ([Bulletin 741 §337](#)) requires at least one hour of annual in-service training on recognizing Adverse Childhood Experiences (ACE's) and the utilization of trauma-informed education, including research-based information provided ***on a day that other types of in-service training will be provided.*** The Louisiana Department of Health (LDH), in partnership with the Louisiana Child Welfare Training Academy (LCWTA), created a one-hour webinar for school systems to utilize in providing this training to their educators.

Louisiana Child Welfare Training Academy

[ACE's Webinar](#)



Pillar II

Prioritizing Positive Intentional Relationships

- **Teacher to Student**
- **Teacher to Family**
- **Teacher to Teacher**
- **Student to Student**

Tier 1 Relationship Building



Pillar III

Attending to Individual Students' Need by Responding with Appropriate Supports



Pillar III

Multi-Tiered Systems of Supports (MTSS)

- Positive Behavior Interventions and Supports (PBIS)

Review policies to ensure they support all students

Universal Screeners

- “If you screen, you must intervene”

Personnel Capacity

- Social Workers, Counselors, Mentors, Community Partnerships

Community Resources



Pillar IV

Every student has the life skills necessary for Post-Secondary Success



Self-Awareness
Self-Management
Social Awareness
Relationship Skills
Responsible Decision-Making

Project Aware 1 & 2

This collaborative project provides funds for partner districts to address student mental health needs through additional mental health providers and training opportunities for school personnel.

Project Aware 1

St. Bernard
Jefferson
Monroe City Schools

Project Aware 2

Tangipahoa
Avoyelles
Natchitoches

Contact byron.hurst@la.gov for more information.

Social Work Expansion Grant

Increase the number of school social workers in Louisiana schools through the placement of school social work interns in the participating school districts and provide coaching and mentoring.

Ascension; Baker, EBR, East Feliciana, Jefferson, Monroe City, Pointe Coupee, St. Bernard, Tangipahoa, WBR, West Feliciana, Thrive Academy in BR

Contact janice.zube@la.gov for more information.

Trauma Recovery Grant



The Trauma Recovery Grant provides funds for community-based mental health providers to provide trauma-focused counseling for economically disadvantaged students that have been adversely impacted by trauma to the extent that they are experiencing difficulty in academic achievement and the development of positive mental health.



Contact janice.zube@la.gov for more information



Explore
[Well-Being Web Page](#)

LDH - [Louisiana Well Beings](#)



Helpful Information

Schedules, access links and information for the Department's webinars can be found in the [LDOE Weekly Newsletter](#) and [School System Support Calendar](#).

Please reach out to the following contacts with questions:



byron.hurst@la.gov	Long range planning and policy decisions about well-being
rachel.bunch@la.gov	General Questions about Well-Being, coordinate site visits/support, monthly community of practice.
janice.zube@la.gov levillia.moore@LA.GOV	AWARE 1 & 2, Trauma Recovery Grants, School Social Work Grant
michael.comeaux@la.gov	Health and PE, School-Based Medicaid, Transportation, Nursing, Suicide and Bullying Prevention, Healthy Communities
stephen.guccione@la.gov	Act 1801, WSCC model, Professional Development Well-Being Advisory Council
elizabeth.duncan@la.gov	Medicaid
Erica.Gilliam@la.gov	Well-Being Advisory Councils

ASK LDOE

What are some burning questions you would like to ask LDOE?



IT'S **NOT**
ABOUT
THE
NAIL